



THE HOLY MARTYR SABINE OF EGYPT

March 16

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δε

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar- tyr, O Lord, in his cou- ra- geous con- test for Thee

(Δ) (M) (Δ)
re- ceived as the prize the crowns of in- cor- rup- tion and life

(B) (Δ) (M) (Δ)
from Thee, our im- mor- tal God. For since he pos- sessed Thy strength, he cast

4 (B)
down the ty- rants and whol- ly de- stroyed the de- mons' strength- less pre- sump-

Musical notation for the text "tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci - ful." The notation consists of a series of horizontal lines with various curves and dots above them, indicating pitch and rhythm. There are three green letters in parentheses above the lines: (M) above the first line, (Δ) above the second line, and (B) above the third line. There are also two red symbols, resembling a stylized '6' with a dot, placed below the first and second lines.

In all places and at all seasons you may sing with the mind.
 For whether you walk in the market place, or begin a journey,
 or sit down with your friends you may rouse up your mind or call
 out silently. So also Moses called out, and God heard him. If you are
 an artisan, you may sing sitting and working in your shop. If you are
 a soldier, or if you sit in judgment, you may do the very same.

One may also sing without voice, the mind resounding
 inwardly. For we sing, not to men, but to God,
 who can hear our hearts and enter into
 the silences of our minds.

- St. John Chrysostom