



# SAINT THEODORE OF THE HAIR SHIRT

April 20

Apolytikion

150

Intonation: #25

Plagal Fourth Mode

Ἐν σοὶ Πάτερ ἀκριβῶς

Ἦχος λ̣ ρ̣ ᾠ Γα



(Γ) (N) (M)

n thee thē im - age was pre - served with ex - act - ness, O

(N) Δ ρ̣

Fa - ther; for tak - ing up thy cross, thou didst fol - low Christ, and

(M) (Γ) (N)

by thy deeds thou didst teach us to o - ver - - look the flesh, for

(Γ) (N)

it pass - eth a - way, but to at - tend to the soul since it

<sup>(M)</sup> is im - - mor - tal. <sup>(Γ)</sup> Where-fore, O right-eous <sup>(N)</sup> The - o-dore, thy spir - it  
 re - joic - eth with thē <sup>(M)</sup> An - gels.



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OF THE HAIR SHIRT