



# SLOW STICHERA

## Plagal First Mode

ᾠχος λ̣ ῥ̣ Πα

### Verse #1

Ἐξάγαγε ἐκ φυλακῆς Ⲛ

Β <sup>(Π)</sup> ring my soul out of pris - on Ⲛ that I may con - fess \_\_\_\_\_

Thy \_\_\_\_\_ Name. π ρ

### Stichera #1

Διὰ τοῦ τιμίου σου Σταυροῦ



<sup>(Π)</sup> y Thy pre - cious Cross, \_\_\_\_\_ O \_\_\_\_\_ Christ, Ⲛ ρ Thou hast \_\_\_\_\_

put \_\_\_\_\_ the dev - - - - - il \_\_\_\_\_ to \_\_\_\_\_ shame; π ρ <sup>(Κ)</sup> and

by Thy Res - ur - rec - - - - tion, Ⲛ ρ <sup>(Δ)</sup> Thou hast blunt - - - ed \_\_\_\_\_

<sup>(Π)</sup> the sting \_\_\_\_\_ of \_\_\_\_\_ sin; π ρ and Thou hast saved \_\_\_\_\_

us from the gates of death. We glo-ri-fy  
 Thee, O On-ly-be-got-ten One.

## Verse #2

Ἐμὲ ὑπομενοῦσι

The right-eous shall wait pa-tient-ly for me un-til Thou shalt  
 re-ward me.

## Stichera #2

Ὁ τὴν ἀνάστασιν

e that grant-ed the Res-ur-rec-tion un-to the race  
 of man was led as a sheep to slaugh-  
 ter; the prin-ces of Ha-des were ter-ri-fied  
 of Him, and the griev-ous gates were lift-ed

up; <sup>π ρ</sup> for Christ, the King of Glo - ry, <sup>(κ)</sup> hath <sup>(Δ) (κ)</sup> en - - - -  
 tered, <sup>π ρ</sup> say - - ing to those <sup>(π)</sup> in <sup>(Δ)</sup> bonds: <sup>(κ)</sup> Go <sup>π ρ</sup>  
 forth; <sup>π ρ</sup> and to those in dark-ness: Re - veal <sup>(π)</sup> your - - selves. <sup>Δ</sup>

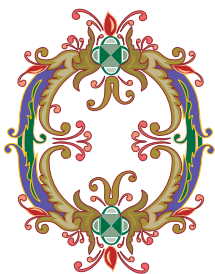
Verse #3

Ἐκ βαθέων <sup>π ρ</sup> <sup>χ</sup>

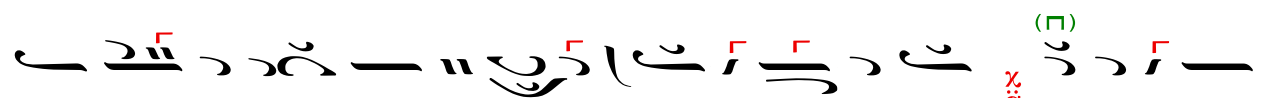

<sup>(π)</sup> **O** ut of the depths have I cried un - to Thee, O Lord; <sup>π ρ</sup> <sup>χ</sup> O  
 Lord, <sup>π ρ</sup> hear <sup>π ρ</sup> my <sup>π ρ</sup> voice. <sup>π ρ</sup>

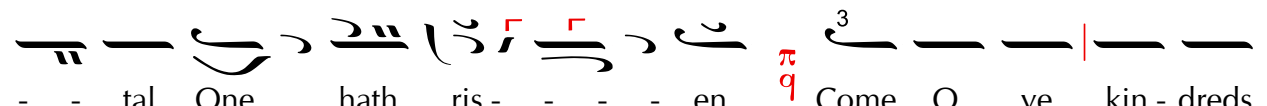

Stichera #3

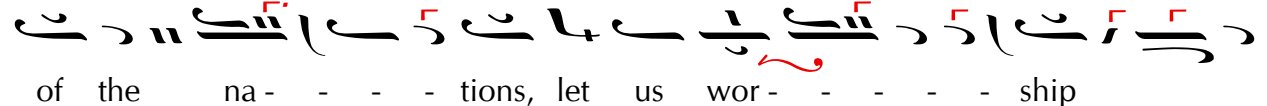
Μέγα θαῦμα

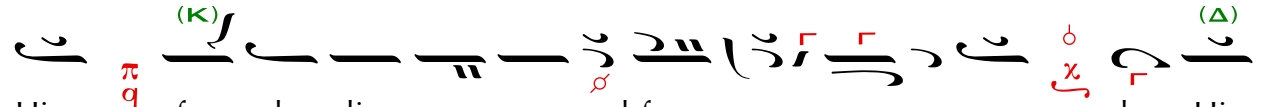




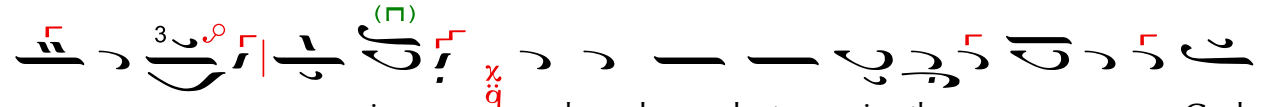

great won - - - - der! <sup>(κ)</sup> <sup>π ρ</sup> hav - ing <sup>(Δ)</sup> suf-fered <sup>(π)</sup> in <sup>π ρ</sup> the  
 flesh <sup>π ρ</sup> out <sup>Δ</sup> of love for <sup>(π)</sup> man, the <sup>(κ)</sup> Cre - a - - - tor




  
of things\_\_\_ in- vis - - - - i - - - - ble, <sup>(π)</sup>  the im - - mor -


  
- - tal One,\_\_\_ hath ris - - - - en. <sup>3</sup>  Come, O ye kin - dreds




  
of the\_\_\_ na - - - - tions, let us wor - - - - ship\_\_\_

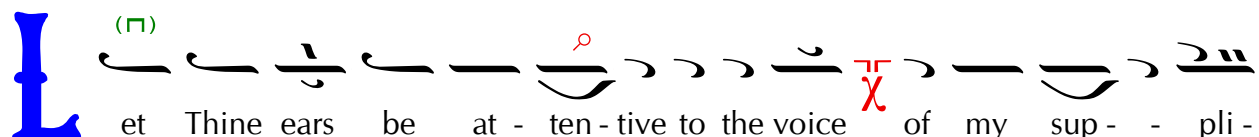



  
Him; <sup>(κ)</sup>  for de- liv - - - - ered from er - - - - ror <sup>(Δ)</sup>  by His




  
com - - pas - - - - sion,\_\_\_ <sup>(π)</sup>  we have learned to praise the\_\_\_ one\_\_\_ God


  
in three\_\_\_ Hy- pos - - ta - - ses. 

## Verse #4

Γενηθήτω τὰ ὦτα σου  


  
<sup>(π)</sup>  et Thine ears be at - ten - tive to the voice <sup>(κ)</sup>  of my sup - - pli -


  
ca - - - - tion. 



Stichera #4

Ἑσπερινὴν προσκύνῃσιν

π ρ

ve - ning wor-ship do we of - fer Thee, thē un - wan - - ing  
 \_\_\_\_\_ Light, Who in thē end of thē \_\_\_\_\_ ag - - - es, through the flesh as  
 \_\_\_\_\_ in \_\_\_\_\_ a \_\_\_\_\_ mir - - - ror, hast shined \_\_\_\_\_ up - on \_\_\_\_\_ the \_\_\_\_\_  
 world; \_\_\_\_\_ and hast de - scend - - - ed \_\_\_\_\_ e - ven un - - - to Ha - - - -  
 des, \_\_\_\_\_ and dis - pelled \_\_\_\_\_ the dark - - - ness \_\_\_\_\_ there, \_\_\_\_\_ and hast  
 shown the light of the Res - ur - - - rec - - - - tion un - to \_\_\_\_\_ the \_\_\_\_\_ na -  
 - - - - - tions. \_\_\_\_\_ O \_\_\_\_\_ Giv - - - er \_\_\_\_\_ of \_\_\_\_\_ light, Lord, glo -  
 - - - ry be \_\_\_\_\_ to Thee. \_\_\_\_\_

## Verse #5

Ἐν ἀνομίαις Ⲭ π<sub>9</sub>

I (Ⲡ) f Thou should- est mark in - iq - ui - ties, O Lord, O Lord, who shall

stand? Ⲭ For with Thee there is Ⲭ for - give - - - ness. π<sub>9</sub>

## Stichera #5

Τὸν ἀρχηγὸν τῆς σωτηρίας



(Ⲙ) et us glo - ri - fy Christ, the au - thor of our sal - - va -

- - - - - tion; Ⲭ<sub>9</sub> (Δ) for when He a - rose Ⲭ from Ⲭ the Ⲭ dead,

the Ⲭ world Ⲭ was saved Ⲭ from er - - - - - ror. π<sub>9</sub> (Ⲙ) The choir of the

an - gels Ⲭ re - - joic - - eth; the de - cep - - - - - tion of the

de - mons doth Ⲭ flee; Ⲭ (Δ) Ad - am, who was fall - en, is ris - - - en;

the dev - il is Ⲭ de - - stroyed. Ⲭ

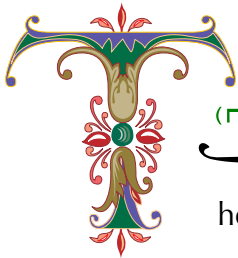
Verse #6

Ἔνεκεν τοῦ ὀνόματός σου Ⲭ ⲡ<sub>9</sub>

**F** <sup>(□)</sup> or Thy Name's sake have I pa-tient-ly wait-ed for Thee, O

Lord; my soul hath wait-ed pa-tient-ly for Thy word, Ⲭ my soul hath hoped

in the Lord. ⲡ<sub>9</sub>



Stichera #6

Οἱ τῆς κουστωδίας

<sup>(□)</sup> <sup>3</sup> he guards were in-struct-ed by the law - - - less: Ⲭ<sub>9</sub>

<sup>(Δ)</sup> Con-veal the Res-ur-rec - - - - - tion of Christ;

<sup>(□)</sup> and take ye piec - - - - es of sil - - - - ver, and

<sup>3</sup> say: ⲡ<sub>9</sub> While we were sleep-ing, the corpse was sto - - - len from

the tomb. ⲡ<sub>9</sub> <sup>3</sup> Who hath seen, who hath ev - - er heard of <sup>(Δ)</sup>

(K) (M) (K) (Δ) (Π)  
 a corpse\_ be - ing\_ sto - - - - - len? es - pe - cial - ly one

a - noint - - ed\_ with myrrh\_ and na - - - ked, with the

fu - ner - al shrouds be - ing a - ban - - doned in\_ the\_ grave.

Be not de - ceived, O ye Jews. Learn the\_ say - - ings of\_

\_ the Proph - - - ets, and know that He is tru - ly the Re -

deem - er of\_ the\_ world and thē\_ al - might - - y

One.

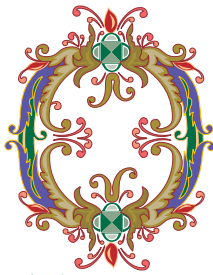
Δ

### Verse #7

Ἀπό φυλακῆς πρωΐας

(Π) From the morn - ing watch un - til night from the morn - ing watch let

Is - ra - el hope\_ in\_ the\_ Lord.



Stichera #7

Κύριε ὁ τὸν ἄδην

π ρ

(Π) Lord, Who hast de-spoil - ed Ha - - - - - des

ⲛ ρ

(Π) and hast\_ tram - - - - - pled\_ up - on\_ death; π ρ O our Sav -

(Δ) (Κ) iour, Who hast\_ en - - light - - - - - ened\_ the\_ world

ⲛ ρ

(Δ) (Κ) (Δ) (Π) by Thy pre - - - - - cious\_ Cross; have mer - - - - - cy on\_ us.

Ⲃ ρ

Verse #8

Ὅτι παρὰ τῷ Κυρίῳ

Ⲫ ρ

(Π) For with the Lord there is mer - cy, and with Him is plen - te -

ous re - demp-tion; and He shall re - deem Is - ra - el Ⲫ ρ out of all his

in - iq - - - - - ui - - - - - ies.

π ρ

## Verse #9

Αινεῖτε τὸν Κύριον Ⲭ ⲡⲑ

**O** (Ⲏ) Ⲭ ⲡⲑ  
 praise the Lord, all ye na-tions; praise Him, all\_\_ ye peo-  
 - - - - - ples. ⲡⲑ

## Verse #10

Ὅτι ἐκραταιώθη Ⲭ ⲡⲑ

**F** (Ⲏ) Ⲭ ⲡⲑ  
 or He hath made His mer-cy to pre-vail o - ver us, Ⲉ ⲉ and  
 the truth of the Ⲭ Lord a - bid - eth for ev - - - - er. ⲡⲑ

The demon of fornication,  
 in the manner of a licking puppy,  
 is wont to cling to the one he tempts,  
 so as not to be cast out. But it is possible  
 for you—it is a matter of your prerogative and  
 intention—either to nourish him with the work of  
 dishonor or vigorously to put him to flight with prayer and  
 psalmody, with fasting and vigils, and with sleeping on the ground.

—Nilus of Ancyra